

**Eat your words**  
承认自己说错了话

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**Feifei**

大家好！欢迎收听 BBC 英语教学的“地道英语”节目。我是冯菲菲。

**Rob**

... and I'm Rob. Hey, Feifei, someone told me that you've been baking.

**Feifei**

Yes, I have. 我最近确实天天烤蛋糕。我知道你特别喜欢吃蛋糕。

**Rob**

Hmm... Oh, that's great to hear – will there be anything for me to try, maybe?

**Feifei**

Maybe! I've been experimenting with a new vegan recipe that involves making a cake with cabbage and beetroot.

**Rob**

Cabbage and beetroot! Err.. yuck! That sounds disgusting – if you want someone to try it, don't ask me!

**Feifei**

Oh, Rob, you'll eat your words.

**Rob**

Eat my words? Hmm... I'm sure my words will taste better than a cabbage and beetroot cake.

**Feifei**

No, Rob! I mean you'll regret saying that. 英语表达“eat your words”的字面意思是“吃掉说出的话”，人们用这个表达来承认自己说错了话。And here are some more examples of people 'eating their words'.

## Examples

You said my coffee business wouldn't work, but you'll have to eat your words – it's been a huge success.

Despite what I said, I'll have to eat my words because my sister is now happily married to her first boyfriend.

You said I'd fail the exam, but I ended up with an A plus – you'll have to eat your words now.

## Feifei

这里是 BBC 英语教学的“地道英语”节目。刚才我告诉 Rob 他要“eat his words”，意思就是 Rob 要“承认自己说错话了”。So, Rob, how about trying my cake before you decide you don't like it?

## Rob

Oh, go on then. But I know I won't like it.

## Feifei

Here, try this.

## Rob

Oh... are you sure you used cabbage and beetroot? This tastes like a normal cake.

## Feifei

It is a normal cake – and I assume you like it?

## Rob

Hmm... I must admit, I do. It's inspired me to get baking – I'm off.

## Feifei

Where are you going?

## Rob

To bake a 'word cake' – so I can literally eat my words!

## Feifei

Haha – very good. Good luck. Bye!

## Rob

Bye.