BBC LEARNING ENGLISH

Take Away English 随身英语 The niche food festivals of the UK 英国多种多样的小众美食节



Vocabulary: Food 词汇: 食物

What do you think of when you hear the word 'festival'? Is it music? Maybe it's film. Or could it be food? Food festivals are a common occurrence in the UK and take place in all sorts of places and at all sorts of times: from Taste of London, in Regent's Park each June to Aldeburgh Food Festival in Suffolk in September. Whatever your **taste**, there's a food festival to match – no matter how specialised.

Are you a bit of a **carnivore**? Then why not try Meatopia. This three-day, London-based festival takes place at the end of August and is a **meat lover's** paradise. In addition to a range of **ethically sourced** meat products, from **juicy** burgers to **succulent** steaks, attendees can listen to live music, watch butchery demos, and attend informal meat-based workshops.

If you prefer a festival that will help you meet your **five a day**, then Vegfest is for you. This **vegan-friendly** event takes place in a range of UK venues several times a year. Here you can enjoy a wide selection of **freshly prepared** vegan food, learn **culinary** tips and hear talks on nutrition to help you make the most of your plant-based **grub**.

If that weren't niche enough, what about a festival that is dedicated solely to **marmalade**? Held in Cumbria, this **tangy**, **zesty** festival of **preserves** has been running for 13 years. It includes a competition to find the best homemade marmalade. There are thousands of entries from over 30 different countries across the globe.

If you'd prefer something with a little more **kick** to it, then you could attend The Ginger and Spice Festival held in Market Drayton. It celebrates its town's historic connection to Robert Clive, who returned from India with ginger. Because of this, they specialise in baking gingerbread, but also sell a range of **artisan** spices from **mild** to **hot**.

If you have a **sweet tooth**, then it could be that the National Honey Show, which started in 1921 and is the largest event of its kind, is the place for you to be. This three-day event attracts over 2000 entrants to their traditional competition, and offers lectures and workshops on beekeeping and, of course, that **gooey**, **syrupy** golden nectar, honey.

While **there's no accounting for taste**, the UK has something to offer most people. From large-scale festivities, to the smaller more amateur gatherings, one thing is certain:

people are passionate about their food. And while some of the products on offer might be an acquired taste, when food is given that much attention, it's unlikely to leave a bad taste in anyone's mouth.

词汇表

taste	(个人的) 品味			
carnivore	食肉动物			
meat lover	爱吃肉的人			
ethically sourced	"良心供货",指食品商在采购、制作等过程中重视 生产线劳动者工作环境的准则			
juicy	多汁的			
succulent	鲜美多汁的			
five a day	(由英国政府倡议的)"每日最少吃五份蔬菜"的饮 食标准			
vegan-friendly	(食物)适宜严格素食者食用的;不含任何动物成分 的			
freshly prepared	新鲜配制的			
culinary	烹调的,烹饪的			
grub	(口语说法) 食物			
marmalade	橘子酱			
tangy	香浓可口的			
zesty	果香四溢的			
preserve	(可长期保存的食物) 蜜饯,果酱			
kick	(食物、饮料的)刺激,劲儿			
artisan	以传统方式制作的			
mild	味道柔和的			

hot	辛辣的		
sweet tooth	爱吃甜食的		
gooey	软而黏的		
syrupy	甜而粘稠的,糖浆般的		
there's no accounting for taste	人和人的口味是不一样的,人各有所好		
an acquired taste	(后天)慢慢养成的嗜好		
leave a bad taste in one's mouth	留下不愉快的记忆		

测验与练习

- 1. 阅读课文并回答问题。
- 1. Where and when does the Taste of London festival take place?
- 2. True or false: The festivals' only activities are eating the specified food.
- 3. How popular is the marmalade festival's annual competition?
- 4. Why is Market Drayton associated with ginger?
- 5. Which of the festivals is the largest event of its kind?
- 2. 请在不参考课文的情况下完成下列练习。选择一个意思合适的单词填入句子的空格处。
- I. No, I don't want a vegetarian pizza! I'm a _____! I need meat!

vegan preservative meat lover acquired taste

2. I'm sorry to ask, but is this _____? I can't eat anything from an animal.

vegetarian carnivorous tangy vegan friendly

3. Don't leave that chocolate anywhere near him. He's got a real!					
sweet tooth	five a day	taste	grub		
4. The first time I tried coffee, I hated it. But now I love it. I guess it's an!					
hot	acquired taste	ethically sourced	carnivore		
5. I asked her to marry me once and she said no. That Now, we don't talk.					
An acquired taste there's no accounting for taste left a bad taste in my mouth succulent					

答案

- 1. 阅读课文并回答问题。
- 1. Where and when does the Taste of London festival take place?

 Taste of London takes place in Regent's Park each June.
- 2. True or false: The festivals' only activities are eating the specified food False. At Meatopia, Veg-fest and The National Honey Show, attendees can go to workshops, learn cooking tips and watch demonstrations, among others.
- 3. How popular is the marmalade festival's annual competition?

 There are thousands of entries from over 30 different countries across the globe.
- 4. Why is Market Drayton associated with ginger? It has a historic connection to Robert Clive, who returned from India with the spice.
- 5. Which of the festivals is the largest event of its kind? **The National Honey Show.**
- 2. 请在不参考课文的情况下完成下列练习。选择一个意思合适的单词填入句子的空格处。
- 1. No, I don't want a vegetarian pizza! I'm a **meat lover**! I need meat!
- 2. I'm sorry to ask, but is this vegan friendly? I can't eat anything from an animal.
- 3. Don't leave that chocolate anywhere near him. He's got a real **sweet tooth!**
- 4. The first time I tried coffee, I hated it. But now I love it. I guess it's an acquired taste.
- 5. I asked her to marry me once and she said no. That **left a bad taste in my mouth**. Now, we don't talk.