BBC I FARNING FNGLISH

Take Away English 随身英语 How long-distance relationships work



异地恋该如何维护感情

词汇: relationships 感情关系

Most of us dream of meeting that **special someone**. For lack of a better phrase, that **Prince** or **Princess charming** who will sweep us off our feet. But to quote the old adage from Shakespeare, "The course of true love never did run smooth." Sometimes our **dream partner** may have an unfortunate surprise to share with us - they may not live in the same town, city, country, or even on the same continent as you.

And so some crazy **lovebirds** decide to enter into a long-distance relationship. We live in a time when the internet facilitates easier interaction with your **cherished** and **treasured** potential **life partner**. However, according to the many people who have been in long-distance relationships, there are certain pitfalls that you need to be aware of to enjoy a committed and monogamous relationship over the wires of the net.

Many people are put off by the very idea of it. A lack of intimacy and companionship can act as a deterrent for some, but for those who embrace a digital distance relationship, they must accept that at times they may feel lonely. Many of us dream of that inseparable bond, often named as 'soulmates', and here are three tips to help you navigate this potentially tricky form of dating.

Firstly, there needs to be trust. Being faithful is a prerequisite in most relationships, but you also need to be able to trust yourself not to stray. Part of the challenge is dealing with loneliness. Also, maintaining a level of selfsufficiency and setting goals is another way to help you cope. Not only does it mean you keep your independence, but also gives you more to talk about with your partner. Lastly, you need a plan – dates when you will see each other again, or where the relationship will lead to: perhaps even marriage.

So, long-distance relationships are potentially a difficult situation, but if you do meet Mr or Mrs Right, and they live far away, there are some steps you can take to make life a little easier.

词汇表

special someone	特别的那个人,生命中重要的那个人		
Prince / Princess Charming	白马王子、白雪公主,理想的另一半		
adage	格言		
dream partner	理想的伴侣		
Lovebirds	情侣,恋人		
cherished	珍爱的		
treasured	心爱的		
life partner	终身伴侣		
Pitfall	陷阱		
committed	忠诚的		
monogamous	一夫一妻制的		
Intimacy	亲昵的言行		
companionship	陪伴		
deterrent	威慑作用		
inseparable	亲密无间的		
prerequisite	先决条件		
self-sufficiency	自给自足,自我满足		
Mr / Mrs Right	意中人,理想伴侣		

测验与练习

1. 阅读课文并回答	问题。			
1. What puts some people off of long-distance relationships?				
2. What is the added benefit of being independent?				
3. What is the first thing needed in any relationship?				
4. What unfortunate surprise might someone share with you when you first meet them?				
5. What do a lot of people call the inseparable bond that some people feel?				
2. 选择意思恰当的单词或词组来完成下列句子。				
1 to a person is an important part of being in a relationship.				
Commit	Committing	Commits	Committed	
2. Distance limits the amount you can be with your partner.				
intimacy	intimated	intimate	intimates	
3. Some people d	on't believe in	_		
monogamy	commit	inseparable	treasured	
4. Stricter fines may act as a				
deterrent	deter	deterred	deters	
5. My dog is a gre	at			
company	companies	companion	companionship	

答案

- 1. 阅读课文并回答问题。
- 1. What puts some people off of long-distance relationships?

A lack of intimacy and companionship.

2. What is the added benefit of being independent?

You have more to talk about with your partner.

3. What is the first thing needed in any relationship?

The first tip mentions that trust is needed in any long-distance relationship.

4. What unfortunate surprise might someone share with you when you first meet them?

That they live far away from you.

5. What do a lot of people call the inseparable bond that some people feel?

The inseparable bond felt by some people is often referred to as soulmates.

- 2. 选择意思恰当的单词或词组来完成下列句子。
- 1. **Committing** to a person is an important part of being in a relationship.
- 2. Distance limits the amount you can be **intimate** with your partner.
- 3. Some people don't believe in **monogamy**.
- 4. Stricter fines may act as a **deterrent**.
- 5. My dog is a great **companion**.