BBC LEARNING ENGLISH

Take Away English 随身英语 Quitting your job



辞还是不辞? 跳槽对个人发展的利与弊

词汇: work 工作

How long have you been in your job for? If you're **climbing a career ladder**, how long do you intend to stay on it? It's hard to know when to **jump ship** and to do something different, and it's even more problematic deciding whether to **quit** if you don't have a new job to go to.

In the past, **a job for life** was just that – something you did throughout your working life. Being loyal to one company came with many **perks** and **job security**. But these days, there are many more opportunities to switch your **career path**, so it's normal to have many jobs listed on your CV. It's accepted that our goals change, so quitting one job for another shows how **versatile** and adaptable we are.

According to insurance firm LV, a worker in the UK will change employer every five years on average. In the US, it's even shorter, with people staying with a single employer for just over four years, according to official statistics. Victoria Bethlehem from **recruitment** firm Adecco told the BBC that she looks favourably on a prospective **employee** who has changed roles every three to five years.

While it's good to pursue new work challenges, is quitting your job for no job at all **career suicide**? It's risky, but it can give you a chance to follow your dreams. LinkedIn influencer Murugan Pandian, who's a project efficiency expert at St Joseph's Hospital Health Center, says: "If you are that miserable [in your job], then sometimes it helps to quit, reassess your priorities in life and then come up with a more creative **job-hunting strategy**."

Of course **resigning** from your job is scary – there is the fear of the unknown, but for some, no job is better than a thankless one. The recent Covid pandemic has certainly made people think twice about their career priorities, and with workers being forced back to the office, some of them may be tempted to leave their job without having a new **role** to go to. But no job means no money, so quitting needs careful thought, although it could lead you down a whole new career path.

词汇表

climb a/the career ladder	步步高升		
jump ship	跳槽,另谋高就		
quit	辞职		
a job for life	终生的工作,"铁饭碗"		
perks	(工作上的)额外福利		
job security	工作保障		
career path	职业前途		
versatile	多用途的,这里指"有多种技能的"		
recruitment	招聘		
employee	员工		
career suicide	自毁前途		
job-hunting strategy	求职策略		
resign	辞职		
role	职位		

测验与练习

1. 阅读课文并回答问题。				
1. What used to be the benefits of a job for life?				
2. Where might an employer see a list of jobs you have done?				
3. According to the article, what might a worker in the US do on average every four years?				
4. Why might you quit your job, even if you don't have another one to go to?				
5. What might returning to the office cause some workers to do?				
2. 选择意思恰当的单词或词组来完成下列句子。				
1. After going nowhere in my career, I decided to and retrain as a chef.				
ship jump	jump ship	jump ships	jumped ship	
2. My new shoes are very – I can use them for hiking and for work.				
role	perks	versatile	resigning	
3. My company has created a new for me as 'head of stationery'.				
employee	recruitment	career ladder	role	
4. After a second year not getting a bonus, I decided to				
resign	resigned	resigning	resigns	
5. The manager awarded all her with an extra day off because of their hard work.				
employers	employees	employment	perks	

答案

- 1. 阅读课文并回答问题。
- 1. What used to be the benefits of a job for life?

A job for life came with many perks and job security.

2. Where might an employer see a list of jobs you have done?

They could see your jobs listed on your CV.

3. According to the article, what might a worker in the US do on average every four years?

In the US, employees stay with a single employer for just over four years, according to official statistics. So they change jobs every four years.

4. Why might you quit your job, even if you don't have another one to go to?

The reasons mentioned in the article include being miserable in your job or having a thankless one.

5. What might returning to the office cause some workers to do?

They may be tempted to leave their job without having a new role to go to.

- 2. 选择意思恰当的单词或词组来完成下列句子。
- 1. After going nowhere in my career, I decided to jump ship and retrain as a chef.
- 2. My new shoes are very **versatile** I can use them for hiking and for work.
- 3. My company has created a new **role** for me as 'head of stationery'.
- 4. After a second year not getting a bonus, I decided to **resign**.
- 5. The manager awarded all her **employees** with an extra day off because of their hard work.