

词汇: *decor* 装饰

Some say you can tell a lot about a person by the way they decorate their home. We often find pleasure in the things we **stick** in our houses, be it **trinkets** we bought on holiday, film **memorabilia** or paintings to **liven up** walls. And when we head to others' houses, we often see things we appreciate, but wouldn't have in our own homes, because maybe they're not quite **to our taste**. The point is, the way we **decorate** our homes is very personal. And while many of us have plenty of stuff, there are always people who go that little bit further. So, when it comes to **minimalism** and **maximalism**, which one appeals to you more?

Minimalism was an art movement that started in the 1950s. Its basic principles are derived from a concept of '**less is more**' – reducing things back to their most basic. Some people took that art style and used it as a way of living. Ideas of **vast** open spaces with an organised and **functional** structure may spring to mind. They are usually decorated in simple **pastel** colours, with many minimalists opting for **duotone**, often just black and white. For some, especially maximalists, it may seem **sparse** and a bit **bland** to live without many things – even boring or depressing. However, living in this way is seen by many as more practical.

Maximalism is the opposite of minimalism and started in the 1970s. It embraces the **core** ideals that 'more is more'. While minimalism centres around the principle of **decluttering**, it's easy to imagine that a maximalist home is **overflowing** with items – but that's not the base idea. It's more about filling the space – making the most of the area. **Structured excess** and **bold** colours combined with mixed patterns is what you will see in a home like this. For a minimalist, used to more simplistic designs, it could be overwhelming. But for those who embrace it, those things give a space personality.

The way you have your home is up to you! But, if you opt for maximalism, you may need to prepare for a bit more dusting.

词汇表

stick	放在（家里）
trinket	小装饰品，小玩意
memorabilia	纪念品
liven up	使…有生气，为…添彩
to one's taste	适合某人的口味
decorate	装饰
minimalism	极简主义
maximalism	极繁主义
less is more	少即是多
vast	巨大的
functional	实用的
pastel	（颜色）淡而柔和的
duotone	双色调
sparse	零落的
bland	乏味的
core	核心的
declutter	清理（空间）
overflowing	满得容不下
structured	有条理的，有结构的
excess	过剩
bold	（色彩）醒目的，艳丽的

测验与练习

1. 阅读课文并回答问题。

1. What are some of the things we often put in our homes?
2. When did the minimalism movement start?
3. True or False? *Minimalist houses often have bright, vivid patterns on the walls.*
4. When did maximalism start?
5. How might a minimalist feel in a maximalist house?

2. 选择意思恰当的单词或词组来完成下列句子。

1. If you don't know where to put it, just _____ it anywhere.

stick	excess	pastel	bland
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2. Children need a more _____ education plan to help them develop.

sparse	structured	duotone	stick
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3. We should throw away some things to try and _____ the house.

structured	bland	declutter	sparse
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4. The cup is _____ with water. You're making a mess.

declutter	sparse	duotone	overflowing
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5. I don't think the painting is interesting. It's a bit _____ and boring.

bland	declutter	stick	excess
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答案

1. 阅读课文并回答问题。

1. What are some of the things we often put in our homes?

We often put things we bought on holiday, film memorabilia and paintings in our homes.

2. When did the minimalism movement start?

The minimalism movement started in the 1950s.

3. True or False? *Minimalist houses often have bright, vivid patterns on the walls.*

False. Minimalist homes often have pastel colours on the walls.

4. When did maximalism start?

Maximalism began in the 1970s.

5. How might a minimalist feel in a maximalist house?

They might feel overwhelmed.

2. 选择意思恰当的单词或词组来完成下列句子。

1. If you don't know where to put it, just **stick** it anywhere.

2. Children need a more **structured** education plan to help them develop.

3. We should throw away some things to try and **declutter** the house.

4. The cup is **overflowing** with water. You're making a mess.

5. I don't think the painting is interesting. It's a bit **bland** and boring.